

ANGRY STUDENT ROLEPLAY**PART I**

1. Divide groups into 5-7 people. Do not separate rooms yet.
2. Choose 1 person to serve as student (must be a good actor).
3. Pull all students aside and give them the following instructions:
 - a. They have been in the conference room for a discussion with the principal and teacher about their behavior yesterday. They hit another student.
 - b. As the meeting progresses, the student is becoming increasingly hostile and defensive. Student has yelled at both teacher and principal.
 - c. Consequences for yesterday's fight are given to the student.
 - d. When the meeting is concluded, the student refuses to leave the room. Another meeting (with several visitors from outside the school) is about to occur.
 - e. During the 5 minute roleplay, regardless of what the adults say or do, the student will not leave the room. They will start the roleplay sitting in a chair.
 - f. Student may display any or all of the following behaviors: silence, increased agitation, name calling, refusing to take responsibility, denying fear of new consequences, pacing.
 - g. The student may *not* make physical contact with anyone or damage property. The student must struggle if they are physically removed from the room.
4. Have students join large group. Give the following instructions to **large group**:
 - a. Student has been in the conference room for a discussion with the principal and teacher about their behavior yesterday. They hit another student.
 - b. As the meeting progresses, the student is becoming increasingly hostile and defensive. Student has yelled at both teacher and principal.
 - c. Consequences for yesterday's fight are given to the student.
 - d. When the meeting is concluded, the student refuses to leave the room. Another meeting (with several visitors from outside the school) is about to occur.
5. Tell participants that they will have several minutes to deal with the student.
6. Assign one person to volunteer as recorder, documenting what happens, who does and says what, how the student reacts, etc.
7. Split groups up as much as possible into different room and opposite corners.
8. Put student in a chair and tell them "GO!"
9. Allow them to continue for 5-7 minutes.
10. Call time and have everyone rejoin large group.
11. Ask for some general comments from any participant about how it went.
12. Post following questions on flip chart:
 - a. Did the student leave the room?
 - b. Did all people continue to observe or was anyone dismissed?
 - c. Did anyone make physical contact with the student?
 - d. Did the student ever follow any instructions, if so what?
 - e. How many questions was the student asked?
 - f. Did anyone use a feeling word while speaking to the student?
 - g. Did the adults serve to escalate or de-escalate the conflict? In what way?
 - h. How did the adults feel? Did these feelings drive their behavior?
 - i. How did the student feel?
 - j. What would be the worst thing that would happen if the student didn't leave the room?
 - k. What would be the worst thing that could happen if the student became REALLY angry?
13. Ask 2 or 3 recorders to respond to the posted questions.

PART I CONTINUED

14. Look for and discuss patterns.
15. Give out "Guidelines for De-Escalating Crises" worksheet.
16. Highlight key points.

PART II

1. Ask for 4-6 people to volunteer as a new group.
2. Do same roleplay in front of the large group, with facilitator acting as student.
3. Start the roleplay, run for 5 minutes.
4. Debrief changes between the first roleplay and this one.